

**Table 2.6-- PERCENT OF ADULT POPULATION AFFECTED BY SPECIFIED
BEHAVIORAL RISK FACTORS, STATE OF HAWAII:
1999 TO 2002**

(Weighted percent of adults who reported the health risk behaviors or conditions.)

Risk factor <u>1/</u>	1999	2000	2001	2002
Binge drinking <u>2/</u>	14.0	NA	10.4	11.9
Current smokers <u>3/</u>	18.5	19.7	20.5	21.0
Diabetes	5.2	5.2	7.2	7.2
Drinking and driving	2.3	NA	NA	6.3
High cholesterol	27.6	NA	25.1	NA
Hypertension	22.7	NA	24.1	NA
Lack of exercise <u>4/</u>	25.5	23.2	18.9	16.1
Overweight <u>5/</u>	NA	50.2	51.4	53.1
Obese <u>6/</u>	15.7	15.7	17.9	17.1
Poor nutrition <u>7/</u>	NA	NA	78.4	79.6
Seatbelt non-use	NA	NA	NA	0.8

NA = Not available.

1/ Certain risk factor data are collected only on alternating years.

2/ Five or more alcoholic beverages on at least one occasion, in the past month. Category name was “Acute drinking” for years prior to 2001.

3/ Listed as “cigarette smoking” in previous *Data Book* tables.

4/ Physically inactive. No leisure-time physical activity reported during the past month. Category was changed from the one used to measure exercise in previous *Data Book* tables.

5/ Overweight or obese. Body mass index (BMI) greater than or equal to 25. Criteria used in this table differs from the criteria used in previous *Data Book* tables.

6/ Body mass index (BMI) greater than or equal to 30.

7/ Less than five fruits and vegetables a day.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS), Website: <http://www.state.hi.us/doh/stats/surveys/brfss.html>