

**Table 2.6-- PERCENT OF ADULT POPULATION AFFECTED BY SPECIFIED
BEHAVIORAL RISK FACTORS, STATE OF HAWAII:
2001 TO 2004**

(Weighted percent of adults who reported the health risk behaviors or conditions.)

Risk factor <u>1/</u>	2001	2002	2003	2004
Binge drinking <u>2/</u>	10.4	11.9	15.0	19.3
Current smokers <u>3/</u>	20.5	21.0	13.6	16.2
Diabetes	7.2	7.2	6.5	6.4
Drinking and driving	NA	6.3	NA	1.6
High cholesterol	25.1	NA	26.5	NA
Hypertension	24.1	NA	22.9	NA
Lack of exercise <u>4/</u>	18.9	16.1	16.4	22.4
Overweight <u>5/</u>	51.4	53.1	34.6	57.8
Obese <u>6/</u>	17.9	17.1	18.9	19.7
Poor nutrition <u>7/</u>	78.4	79.6	24.3	22.3
Seatbelt non-use	NA	0.8	NA	NA

NA = Not available.

1/ Certain risk factor data are collected only on alternating years.

2/ Five or more alcoholic beverages on at least one occasion, in the past month. Category name was “Acute drinking” for years prior to 2001.

3/ Listed as “cigarette smoking” in previous *Data Book* tables.

4/ Physically inactive. No leisure-time physical activity reported during the past month. Category was changed from the one used to measure exercise in previous *Data Book* tables.

5/ Overweight or obese. Body mass index (BMI) greater than or equal to 25. Criteria used in this table differs from the criteria used in previous *Data Book* tables.

6/ Body mass index (BMI) greater than or equal to 30.

7/ Less than five fruits and vegetables a day.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS), Website: <http://www.state.hi.us/doh/stats/surveys/brfss.html>