

**Table 2.6-- PERCENT OF ADULT POPULATION AFFECTED BY SPECIFIED
BEHAVIORAL RISK FACTORS, STATE OF HAWAII:
2001 TO 2006**

(Weighted percent of adults who reported the health risk behaviors or conditions.)

Risk factor <u>1/</u>	2001	2002	2003	2004	2005	2006
Binge drinking <u>2/</u>	10.4	11.9	15.0	19.3	16.5	17.5
Current smokers <u>3/</u>	20.5	21.0	13.6	16.2	17.0	17.5
Diabetes	7.2	7.2	6.5	6.4	7.3	8.2
Drinking and driving	NA	6.3	NA	1.6	NA	3.8
High cholesterol	25.1	NA	26.5	NA	34.6	NA
Hypertension	24.1	NA	22.9	NA	24.2	NA
Lack of exercise <u>4/</u>	18.9	16.1	16.4	22.4	19.5	NA
Overweight <u>5/</u>	51.4	53.1	34.6	57.8	53.0	56.1
Obese <u>6/</u>	17.9	17.1	18.9	19.7	19.7	20.6
Poor nutrition <u>7/</u>	78.4	79.6	24.3	22.3	25.2	NA
Seatbelt non-use	NA	0.8	NA	NA	NA	0.6

NA = Not available.

1/ Certain risk factor data are collected only on alternating years.

2/ Five or more alcoholic beverages on at least one occasion, in the past month. Category name was “Acute drinking” for years prior to 2001.

3/ Listed as “cigarette smoking” in previous *Data Book* tables.

4/ Physically inactive. No leisure-time physical activity reported during the past month. Category was changed from the one used to measure exercise in previous *Data Book* tables.

5/ Overweight or obese. Body mass index (BMI) greater than or equal to 25. Criteria used in this table differs from the criteria used in previous *Data Book* tables.

6/ Body mass index (BMI) greater than or equal to 30.

7/ Less than five fruits and vegetables a day.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS), Website: <http://www.hawaii.gov/health/statistics/brfss/index.html>