



2009 2nd Quarter Program Guide OCTOBER*NOVEMBER*DECEMBER

Jayme Carvalho, Rec. Director II (775-7505)
Monday thru Thursday 12:00-8:00 p.m. & Friday 7:45 a.m.-4:30 p.m.

SPORTS ACTIVITY



8 & UNDER BASKETBALL

Age Group: 7-8 years old
Registration: Closed
Program: Aug.- Nov. 2009
Monday-Friday~2:30-6:00 p.m.
Fee: T.B.A

6 & UNDER BASKETBALL

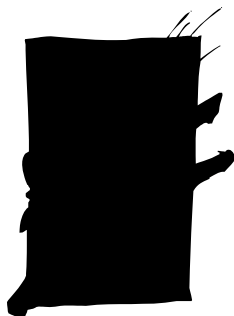
Age Group: 5-6 years old
Registration: Closed
Program: August-November 2009
Monday-Friday~2:30-6:00 p.m.
Fee: T.B.A.

12 & UNDER VOLLEYBALL

Age Group: 9-12 years old
Registration: Closed
Program: August-November 2009
Monday-Thursday~2:30-6:00 p.m.

14 & UNDER VOLLEYBALL

Age Group: 13-14 years old
Registration: Closed
Program: Aug.-Nov. 2009
Monday-Friday
2:30-6:00 p.m.



9-10 BOYS BASKETBALL

Age Group: 9-10 years old
Registration: Open
Program: November 2009-March 2010
Monday-Friday~2:30-6:00 p.m.

SPORTS ACTIVITY

11-12 BOYS BASKETBALL

Age Group: 11-12 years old
Registration: Open
Program: November 2009-March 2010
Monday-Friday~2:30-6:00 p.m.

13-14 BOYS BASKETBALL

Age Group: 13-14 years old
Registration: Open
Program: November 2009-March 2010
Monday-Friday~2:30-6:00 p.m.



PHYSICAL FITNESS

PLYOMETRICS

Age Group: 12 years old & above
Registration: Open
Program: October-December 2009
Schedule: Tuesday & Thursday
Time: 12:30-1:30 p.m.

JUMP ROPE

Age Group: 12 years old & above
Registration: Open
Program: October-December 2009
Schedule: Monday & Wednesday
Time: 12:30-1:30 p.m.



ARTS & CRAFTS

HALLOWEEN CRAFT

Age Group: 5 years old & above

Registration: Open

Program: October 28, 2009

Wednesday

2:30-3:30 p.m.

Fee: T.B.A.



THANKSGIVING CRAFT

Age Group: 5 years old & above

Registration: Open

Program: November 18, 2009

Wednesday~2:30-3:30 p.m.

Fee: T.B.A.



CHRISTMAS CRAFT

Age Group: 5 years old & above

Registration: Open

Program: Dec. 16, 2009

Wednesday 2:30-3:30 p.m.

Fee: T.B.A.

SPECIAL EVENTS



BASKETBALL CLINIC

Age Group: 9-14 years old

Program: Nov. 9-20, 2009

Instructor: J. Carvalho

Monday-Friday

8:00-3:00 p.m.



NIGHT WALKING

Jayne Carvalho~775-7505

SENIOR SOFTBALL

Nathan Sukanuma

961-8592

ONGOING PROGRAMS

FREE PLAY BASKETBALL

Tuesdays ~ 6:30-9:00 p.m.



FREE PLAY VOLLEYBALL

Thursdays ~ 6:30-9:00 p.m.

COMMUNITY INTEREST ACTIVITIES

KARATE

Mondays

Fred Agdeppa

Phone: 775-7505



ZUMBA

Fridays

Sheila Kinzer~775-7505

MENS BASKETBALL LEAGUE

Program: October-December 2009

Instructor: Thomas DeRego

Tuesday & Thursday~6:00-9:00 p.m.